

The real battle is within



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In the present world many people consider survival and security as prime values. They argue that if a person does not survive, then what value the other values have for him. In a similar vein, they further argue that if a person lives in a state of constant insecurity and fear, then what is the charm, the joy, the fun or the zest in living? Because the quality of life of a man in fear is like that of a man in a state of suspended animation and it's not at all cherishable, relishable, enjoyable or valuable. On the other hand, there are other people who question the contention of the former kind of people. The questions they raise are that 'after all what is the purpose of survival?' & 'what is the goal of life?'. Further they ask 'what do we want to achieve by living or while living?'. They argue

that the difference between a human being and an animal is narrowed down to zero if man also, like other animals, is concerned primarily and mainly about his physical survival only. They feel that there should be some higher and nobler aim of human existence & that there should be something more worthy for humans to be achieved. Arguing thus, they ask:

If personal survival is the main value, then why do military men endanger their own survival or sacrifice their life at the battle-front in order to keep intact the sovereignty of the nation? Again, why did the heroes of Indian Freedom Struggle happily embraced death for the sake of independence of their motherland? Why did kings in the olden times, give up their palaces and bodyguards and go to the forest in pursuit of truth, endangering their life, knowing well that there were tigers and lions there? With these questions in mind, they further argue that why should man have fear if he has moral and spiritual strength and has good relations with all the human beings? Because fear, they assert, arises from guilt-consciousness, suspicion or enmity. So, man should be free from these negativities rather than have additional negative tendencies or emotion, namely fear

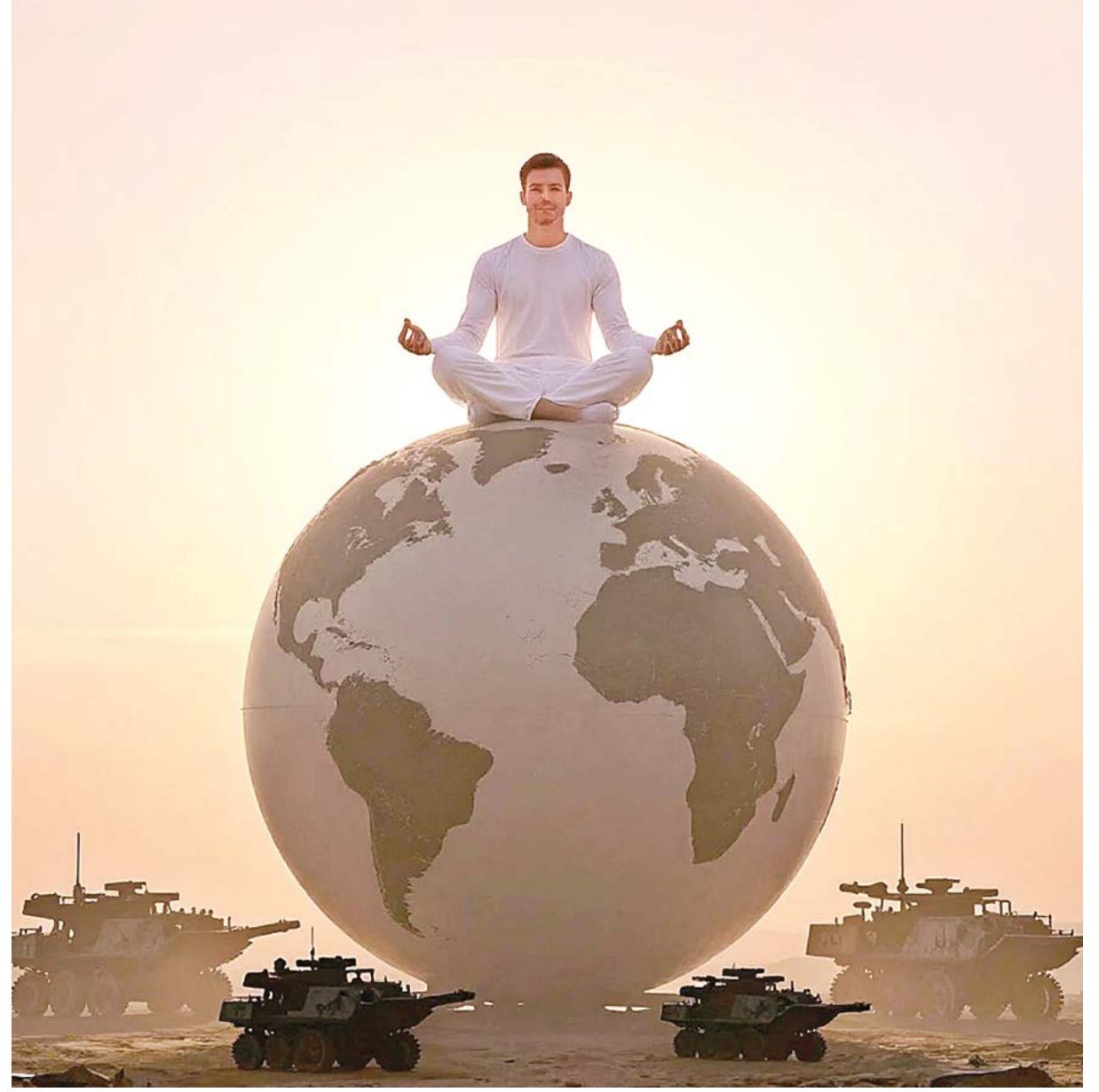
Survival as the basic human value is contrasted with the need for higher moral and spiritual goals in life. It emphasizes overcoming fear and negativity through ethical living, self-control, and universal brotherhood to achieve true peace and happiness

because one's survival should normally be an assured thing if one's actions are in harmony with other beings, with the environment and with the moral and physical laws. Each one of us must understand a fact that our life and death, or survival and happiness, are governed by the law of Karma and if our karma is good, why should we fear? Because death will surely come to all on one fixed day; why should then we not sleep well night after night?

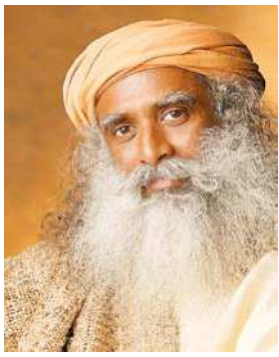
Today, what makes the world-situation peaceless is that mankind has not yet been able to realise the truth that the factors that lead nations to race for military superiority build-up of weapons and subjugation of other people and their territories are religious bigotry, scramble for power or spirit of revenge. Because of his lust for power, man cheats himself of happiness. It is a pity that he easily

forgets that the power of arms or money without the power to rule one's own mind is worse than evil. Also, man does not realise that the political power without the power to rule one's physical senses and without the intent to use power for human good, leads to turmoil. Remember! Lasting happiness of the human race depends not on power to dominate others but on his mastery over his demonic traits. So, the rub of the matter is that man needs to be reminded in an effective manner that if he does not kill the demons of hate, anger and war with the weapons of love and universal brotherhood, the demons would kill mankind.

(Writer is a spiritual educator and popular columnist for publications across India, USA, UK, Australia, South Africa, Canada & Mauritius. 9500+ Published Columns have been written by Him.)



Envy and compassion



SADHGURU

The fundamental nature of jealousy or envy is that you feel inadequate. Envy is: somebody has something that you would like to have or somebody has something more than what you have. If you are very blissful you would not be envious of anybody. Right now, somebody seems to have or you assume that they have something more than you and you feel less than them. So, envy can exist only if somebody else is there who is better than you. If you are here by yourself, envy cannot happen. But compassion is not like that. Compassion can happen even if nobody is here.

Let us take away this understanding that compassion is some kind of sympathy or empathy or pity. Passion means total involvement with something. When we say passion, people are only thinking man-woman passion. No. When you are passionately involved with something, nothing else exists for you. Passion means unbridled involvement with something. It could be anything; you can sing passionately, you can dance passionately, you can do your gardening passionately, you can read a book passionately, or you can just walk passionately. So, it does not mean any specific activity as such nor does it mean any particular area of life. It is just that you have deep sense of involvement.

Compassion means it is an all-encompassing passion. That means your passion is no more

Envy arises from comparison and a sense of inadequacy, which disappears in the absence of others to compare with. It contrasts this with compassion, described as a deep, all-encompassing, and non-discriminatory state of passionate involvement with all aspects of life



discriminatory. Whatever is in touch with you right now, you are deeply passionate with that. Whatever it is, if you look at something you are not just casually looking at anything; there is nothing like casual in your life. Everything is with total passion. You breathe with passion, you walk with passion, you live with passion; your very existence is with absolute involvement with everything. This is compassion. This has got nothing to do with anybody. Even if nobody is here you can live in great compassion. But if nobody is here, you cannot live enviously. You need somebody to cause that for you – you need help. So, you are sympathetic with them when they have fallen down but when they stand up you do not like it. It is from this basis that all

charity has come. Do not try to handle sympathy and compassion and all these things. Just develop unbridled passion towards everything. Do not understand passion as this person. Understand passion as anything that is in touch with you right now. The very cloth that you wear, the very air that you breathe, the very food that you eat, and choose stability over passion. Just be passionate about everything. When it is unbridled, it is not entangling any more.

(Sadhguru is a Yogi, mystic, and Padma Vibhushan awardee, also known for his New York Times bestselling books. He founded Conscious Planet-Save Soil, the world's largest people's movement, impacting over 4 billion people)

The world is not enough when courage has no limits



SHIV RAJVANSHI

In every era of human history, progress has belonged to those who possessed the courage to challenge limits. Empires were built, discoveries were made, revolutions were ignited, and impossible dreams became reality because someone, somewhere, decided not to surrender to fear. The phrase "The World Is Not Enough If You Have the Courage" perfectly captures this spirit of limitless ambition and fearless determination. It is not simply a motivational line; it is a philosophy that defines the difference between those who merely exist and those who truly create impact.

Courage is one of the rarest qualities in the modern world. In an age where people constantly seek comfort, security, and validation, courage demands something different: the willingness to take risks, embrace uncertainty, and move forward despite fear. Most people wait for perfect timing, guaranteed success, or universal approval before taking action. Courageous individuals understand that perfect moments rarely exist. They create opportunities through belief, resilience, and action.

The world often teaches people to think within boundaries. From childhood, individuals are conditioned to follow safe paths, avoid failure, and choose stability over passion. Society celebrates achievement but frequently discourages risk-taking. Yet, every extraordinary success story has emerged from someone refusing to



accept ordinary limitations. Whether it was inventors changing technology, entrepreneurs disrupting industries, athletes breaking records, or artists redefining creativity, courage has always been the driving force behind transformation.

True courage is not the absence of fear. Fear is natural. Fear accompanies every major decision, every new beginning, and every uncertain journey. Courage simply means refusing to let fear control destiny. Some of the most successful people in the world have openly admitted that they faced rejection, uncertainty, and setbacks repeatedly. What separated them from others was their ability to continue moving forward when others stopped.

Today's generation has access to opportunities unlike any previous era. Digital platforms, global connectivity, artificial intelligence, entrepreneurship, and innovation have opened doors that were unimaginable decades ago. A student from a small town can build a global business. A creator with a smartphone can influence millions. An entrepreneur with an idea can disrupt billion-dollar industries. Yet, despite these opportunities, many still hesitate because fear remains stronger than

ambition.

The reality is that success has never belonged only to the most talented people. Talent without courage often remains hidden. Intelligence without action produces no impact. Courage transforms potential into achievement. A person willing to fail, learn, and rise again will always move ahead of someone who remains trapped in self-doubt.

In professional life, courage has become more important than ever. Industries are evolving rapidly, careers are changing, and competition is global. Companies that succeed are led by individuals who are willing to innovate and take bold decisions. Startups that become industry leaders are founded by people who dared to challenge established systems. Leadership itself requires courage: the courage to make difficult choices, stand by values, and lead through uncertainty.

The same principle applies to personal growth. Many people spend years living according to societal expectations rather than their own aspirations. They suppress dreams because they fear judgment or failure. However, real fulfillment begins when individuals gather the courage to pursue authenticity. Courage allows people to embrace

who they truly are instead of becoming what society expects them to be.

Some of the greatest battles are not fought publicly but internally. Self-doubt, insecurity, fear of rejection, and fear of failure silently prevent countless individuals from reaching their true potential. A courageous person is not someone who never struggles but someone who refuses to surrender to those struggles. Mental resilience, emotional strength, and self-belief are forms of courage that shape extraordinary lives.

India today provides a powerful example of how courage can transform a nation's future. Across industries, Indian entrepreneurs, creators, athletes, and innovators are competing on global platforms with confidence and ambition. Young Indians are no longer confined by geographical or societal limitations. They are building startups, leading multinational companies, influencing digital culture, and creating worldwide recognition. This transformation is fueled not only by talent but by the courage to dream bigger.

The rise of India's startup ecosystem itself is a story of courage. Thousands of young founders have chosen uncertain entrepreneurial journeys over traditional career security. Many failed

initially, yet continued building until success arrived. Their journeys prove that courage often matters more than immediate results. Every failure becomes a lesson, every setback becomes preparation, and every challenge becomes a stepping stone.

Courage also has the power to inspire others. One brave decision can create a ripple effect that motivates entire communities. A teacher inspiring student to think independently, a social entrepreneur solving grassroots problems, or a public figure speaking honestly about challenges — all of these acts influence society positively. Courage is contagious. When people witness fearless action, they begin to believe in their own potential.

Importantly, courage must be balanced with purpose. Fearless ambition without values can become destructive. True courage is not recklessness; it is purposeful determination guided by integrity and vision. It is about creating meaningful impact rather than chasing hollow success. The individuals who leave lasting legacies are those who combine boldness with responsibility.

The phrase "The World Is Not Enough If You Have the Courage" ultimately reflects the limitless nature of human potential. A courageous mind cannot be confined by geography, circumstances, criticism, or temporary failure. The world itself becomes too small for individuals who dare to think beyond conventional boundaries.

At the end of life, people rarely regret the risks they took. More often, they regret the opportunities they ignored, the dreams they postponed, and the fears they allowed to control them. Courage is what transforms life from ordinary existence into meaningful experience. Because in the end, the world does not belong to those who wait it belongs to those who dare.