



THE Hans India



Dehydration, headaches and low energy: Why women are more vulnerable in summer
Summer heat can be harsh on the body, especially for women. Dehydration happens when the body loses more fluids than it takes in. During hot weather, we sweat more to cool down.

Life must be protected, not 'pactually' abandoned
Whether it is the Constitutional law or criminal law, suicide cannot be accepted under any circumstances. Life is for living. No one has the right to die, but rather a duty to live and let others live.

Council deadlock ends, debate set for Feb 26
Proceedings of the Legislative Council were disrupted for the fifth consecutive day on Monday amid continuing protests by Opposition YSRCP members over the alleged adulteration controversy involving Heritage Foods.

Employer survey signals rise in skills-focused fresher hiring
Hiring sentiment for entry-level talent has strengthened for the first half of 2026, with 73 per cent of employers indicating plans to recruit freshers, according to the latest Career Outlook Report HY1 2026 released by TeamLease EdTech.

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WINDOWS

RAMZAN TIMINGS

IFTAR (Tue)
6.27 PM
SEHAR (Wed)
5.15 AM



CROSS-BORDER TERROR INDIA ROLLS OUT ANTI-TERROR DOCTRINE PRAHAAR

NEW DELHI: The Union Ministry of Home Affairs on Monday released India's first comprehensive anti-terror policy, naming it "PRAHAAR", and flagged threats ranging from cross-border terrorism and cyber-attacks to the misuse of drones and emerging technologies. The policy emphasizes that apart from terror sponsored from across the border, "criminal hackers and nation states continue to target India through cyber-attacks." It notes that India faces terrorist threats across water, land and air, and states that capacities have been developed to secure critical sectors of the economy, including power, railways, aviation, ports, defence, space and atomic energy, against state and non-state actors. The strategy document, uploaded on the MHA's website, states that "India does not link terrorism to any specific religion, ethnicity, nationality or civilisation." It adds that the country has long been affected by "sponsored terrorism" from across the border, with "Jihadi terror outfits as well as their frontal organisations" continuing to plan and execute attacks. The policy names global terror groups such as Al-Qaeda and Islamic State of Iraq and Syria (ISIS), stating that they have sought to incite violence in India through sleeper cells, while violent extremists operating from foreign countries have hatched conspiracies to promote terrorism. It further highlights the use of advanced technologies by handlers across the border, including drones, particularly in Punjab and Jammu and Kashmir.

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'SWARNANDHRA-2047' VISION

CM AIMS AT ₹54 LAKH PER CAPITA INCOME

Naidu says welfare budget aims at social equity, poverty elimination

Promises 33 per cent BC reservations before local body polls

HANS NEWS SERVICE
AMARAVATI

CHIEF Minister N Chandrababu Naidu on Monday said the State government is working towards increasing Andhra Pradesh's per capita income from Rs 3 lakh to Rs 54 lakh as part of the 'Swarnandhra-2047' Vision, aligning it with Prime Minister Narendra Modi's goal of Viksit Bharat by 2047.

Speaking during a discussion on welfare budget allocations in the Assembly, the Chief Minister said the NDA coalition government is committed to achieving social equality and reducing

The AP government is implementing the P4 model to bridge economic inequalities, under which 10 lakh "Bangaru kutumbalu" have been adopted by one lakh mentors to support the poorest of the poor



economic disparities. So, focus is being laid on uplifting the poorest sections and ensuring that politically backward classes receive priority. Chandrababu reiterated that the 'Super Six' welfare schemes have proved to be a "super hit," benefiting sec-

tions such as auto workers, fishermen and handloom weavers. The government is implementing the P4 model to bridge economic inequalities, under which 10 lakh "Bangaru kutumbalu" have been adopted by one lakh mentors to support the

poorest of the poor. "Any programme will yield results only if it is constantly monitored. There should be no poverty if we are to achieve the 2047 goal," he said, emphasising targeted interventions for vulnerable communities. Despite financial constraints, he said, higher allocations have been made for SCs, STs, BCs and for minority welfare in the current budget. He assured members that the state government would sincerely implement the allocations and ensure effective delivery of essential commodities with technical monitoring support.

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'Milk contamination' leaves four dead, 12 in hospital with anuria

Condition of four patients under treatment 'critical'

► Prelim probe points to contamination of milk sold by an unauthorised vendor

HANS NEWS SERVICE
RAJAMAHENDRAVARAM

AT least four persons have lost their lives over 48 hours starting Sunday and 12 others have been hospitalised with suspected anuria, after members of several families in Lalacheruvu and adjoining localities in Rajamahendravaram started falling ill from February 15, upon consuming milk suspected to have been adulterated and sold by an unauthorised vendor to over a hundred families.

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CM N Chandrababu Naidu at a review meeting in Amaravati on Monday over the death of four people due to contaminated milk

CM announces ₹10L ex gratia

AMARAVATI: CHIEF Minister Nara Chandrababu Naidu on Monday announced an ex gratia of Rs 10 lakh each to the families of those who died after allegedly consuming adulterated milk in Chowdeshwari Nagar and Swaroop Nagar areas of Rajamahendravaram. Addressing the Legislative Assembly, the Chief Minister said the government would bear the entire medical expenses of those undergoing treatment and expressed deep sympathy to the bereaved families.

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MISLEADING UPSC 2023 RESULT ADS

CCPA slaps ₹15L penalty on Vajirao & Reddy

NEW DELHI

THE Central Consumer Protection Authority (CCPA) has imposed a penalty of Rs 15 lakh on Vajirao & Reddy Institute for issuing misleading advertisements related to the UPSC Civil Services Examination (CSE) 2023.

The authorities found that the institute deliberately concealed important information about the specific courses taken by successful candidates, creating a false



impression of the coaching services provided.

The institute had advertised claims such as:

- "Over 645 Selections Out of 1016 Vacancies in UPSC CSE 2023 From Vajirao & Reddy Institute"

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Tamil Nadu SIR complete

Names of 97 lakh voters deleted in draft list

CHENNAI: The Special Intensive Revision (SIR) in Tamil Nadu has been completed with the state now having a total of 5,67,07,380 voters, comprising 2,77,38,925 male and 2,89,60,838 female and 7,617 third gender voters.

Chief Electoral Officer of Tamil Nadu, Archana Patnaik, released the final electoral roll. Post the Special Intensive Revision (SIR), the state saw 97.37 lakh voter deletions, with urban constituencies accounting for the bulk of deletions.

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'POLITICAL PRASADAM' ON ANVIL?

Will place Tirumala ghee facts before Assembly today, asserts Lokesh

- Slams Botsa over 'propaganda' against Heritage Foods company
- Questions YSRCP over Legislative Council disruptions and ghee pricing claims

HANS NEWS SERVICE
AMARAVATI

IT and HRD Minister Nara Lokesh has said that all facts relating to the alleged use of adulterated ghee in the making of Tirumala laddu during the erstwhile regime would be presented in the Assembly on Tuesday.

Speaking to journalists



in the Assembly lobby on Monday, Lokesh strongly criticised former minister Botsa Satyanarayana for his "propaganda" against Heritage Foods. He clarified that Indapur Dairy has no connection with Heritage and objected to Botsa's refrain that Indapur Dairy is a "Heritage Co-company".

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MASSIVE BLOW TO TERROR

Armed forces eliminate 7 dreaded ultras

SRIANGAR: The Indian Army on Monday said that it dealt a massive blow to the terror network in Jammu & Kashmir, a day after security forces gunned down three members of the Pakistan-based Jaish-e-Mohammad (JeM), including most wanted terrorist Saifullah, in an encounter in Kishtwar district. In a post on X, the Army's White Knight Corps said that it conducted a relentless and painstaking high-altitude joint operations over 326 days in the Kishtwar region. "Forces tracked terrorists in challenging conditions of cold, wet and freezing weather across daunting terrain, leading to multiple contacts.

Bill Gates building 'artificial sun' that could replace coal

WASHINGTON

THE old coal plant is gone. Something very different is planned in its place. The twin smokestacks of the Bull Run Fossil Plant in Claxton, Tennessee, were demolished after more than six decades. That coal plant used fossil fuels to generate electricity. Now the same site is being prepared for a fusion energy project.

On January 29, 2026, Type One Energy, a Bill Gates-backed nuclear fusion company, submitted its first major licensing application to state regulators. The company is working with the Tennessee Valley Authority, known as TVA.

The project is called Infinity One. Bill Gates-backed Infinity One aims to recreate the power of the Sun with a 100 million-degree fusion reactor. Infinity One is not a traditional nuclear plant. It is a fusion reactor.

Fusion is the process that powers the Sun. Instead of splitting atoms like today's nuclear fission plants, fusion joins light atoms together. When that happens, it releases large amounts of energy. The exact model Type One Energy intends to build is known as a



stellarator. A stellarator is a device that utilises very strong magnetic fields to keep plasma, which is heated to extreme temperatures, in a confined space.

Plasma is a gas that has been heated to such a high temperature that it becomes a sort of fourth state of matter. In a fusion reactor, the plasma needs to be heated to a temperature of approximately 100 million degrees Celsius.

Gold and silver buying not alarming, says FM

CLAIMS HIGH-PITCHED DEMAND APPEARS TO BE SEASONAL

NEW DELHI

THE Union government is closely monitoring gold and silver prices, and the situation is not alarming, Union Finance Minister Nirmala Sitharaman has said, adding that the high-pitched demand in the domestic market appears to be "seasonal".

Addressing the media after its customary post-budget meeting with the Central Board of Directors of the

Reserve Bank of India (RBI), Sitharaman said, "Almost all the gold that comes to the market is imported. We are an import-dependent country; steps have been taken, but they are not sufficient to meet demand."

"Gold is a favoured investment for households. The high-pitched demand in the domestic market appears to be seasonal. We are watching it; it has not reached an alarming situation," she said.



Union Finance Minister Nirmala Sitharaman at a post-budget meeting with RBI's Central Board of Directors

The RBI, she said, is also monitoring the situation. "Most countries today, particularly central banks, are buying gold and silver. International prices of gold and silver are spiking up and down largely due to central bank buying," Sitharaman said. On the US tariff issue, the minister said the Ministry of Commerce and Industry is reviewing the situation. "It is early to comment."

The Finance Minister was

also asked about the ongoing strategic disinvestment of IDBI Bank. She said there is "no systemic kind of issue" and added that the government does not comment on individual companies. She further said the RBI has adequate liquidity.

RBI Governor Sanjay Malhotra echoed the Finance Minister. "We stand committed to providing liquidity for the productive needs of our economy."