

Deepti Naval's poetic reflections and hillside escapes

I Float On Your

Arm

eteran actress Deepti Naval, who has long enchanted audiences with her understated elegance and nuanced performances in films ke Chashme Buddoo and Saath Saath, recently turned to poetry to share her emotions with the world. Known for her deep connection with both art and nature, Naval took to Instagram to pen a heartfelt piece that resonated with her followers for its raw simplicity and profound depth.

The post was quickly met with admiration from her fans. One follower recalled her memorable role as a tribal girl in one of her acclaimed films, writing, "So beautifully expressed without speaking, like in

A LIFE OF WORDS AND WILDERNESS

I float on your arm And try not to think You sit in stillness Holding my existence One candle between us And the world beyond. You are there for me Will always be there When the lights go out Why is it, that I Still wait for someone?

one of your great movies." Others showered her with praise, leaving comments such as "Wow, very well expressed. Nice words. It's a life you lived," while several simply summed up their admiration with "Superb" and "Touchwood."

This isn't the first time

Naval has used her social media to offer a glimpse into her inner world. Just days earlier, she shared snippets from her tranquil life in the mountains of Himachal Pradesh Posting a short video from her garden—her beloved "bagicha"—the actress revealed her hillside haven in Haripur, near Naggar. Surrounded by apricot-laden trees and blanketed in morning fog, Naval's narration in the clip reflected her deep contentment.

"It's so foggy, you don't really see the mountain. But this is my bagicha. Look at the apricots, oh my God... And this is where I do my workout. This is what I always wanted—to be outside, walking," she said in the video, her voice filled

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with both wonder and peace. Her posts underline how she has carved a life steeped in creativity and solitude. While cinema gave her recognition and applause, poetry and nature seem to give her fulfillment and grounding. Whether it is

verses about companionship and longing or candid clips of her hillside mornings, Naval's expressions continue to inspire her fans—reminding them that artistry isn't confined to the screen.

For her admirers, these glimpses into her poetic musings and serene lifestyle are more than just updates—they are an extension of the same sensitivity and depth that once defined her roles on screen.

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Neena Gupta shows how to flaunt the pallu in Gujarati style saree

Teteran actress Neena Gupta has once again reminded fans why she is considered one of the most graceful personalities in Indian cinema. Taking to Instagram, the 66-year-old actress shared a stunning photo of herself draped in a blue saree. But it wasn't just the elegance of the attire that caught attention—it was her styling advice that made the post stand out.

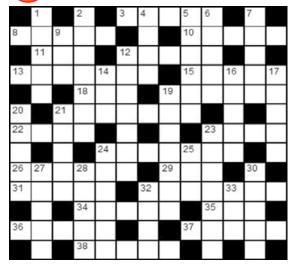
Alongside the picture,

Gupta wrote, "If you want to show your nice Pallu, you should wear it the Gujarati style." Her caption instantly resonated with admirers, many of whom see her as a style icon who blends tradition with modernity. With her signature poise, Gupta demonstrated how the classic Gujarati drape remains timeless when it comes to showcasing a saree's pallu.

Over the years, Neena Gupta has built a reputa-

tion not only as a powerhouse performer but also as someone unafraid to experiment with fashion. Whether she is dressed in traditional weaves or chic western silhouettes, Gupta carries every outfit with an ease that continues to inspire younger generations. Her Instagram, often filled with snapshots of her personal style, has become a go-to space for fashion and lifestyle inspiration.

CROSSWORD



- 3 Bollywood's Alia ____ (5) 8 Paying Guest was her first film (5)
- 10 Make haste (5) 11 To free from (3)
- 12 Lifeless (5) 13 Disparaged (3,4)
- 15 Seeps (5)
- 18 Actor Chaney (3)
- 19 Indisciplined (6) 21 Carriage or conveyance
- used on land or in space (7) 22 Angers or rages (4)
- "by itself" (4) 24 Eternal (7)
 - 26 Safe harbours (6) 29 Make an __ of oneself:

23 A prefix meaning

- behave foolishly? (3) 31 Refine metal (5)
- 32 Steadfastly loyal (7) 34 Run away to wed (5)
- 35 Fabulous bird (3) 36 From this time (5) 37 Conclude as a deal (3,2)

38 Verity (5)

- 1 City in Gujarat (5) with: burdens a person with? (7) A song giving praise to god (4)
- Royal seat (6) Private teacher (5)
- Brutal (5)
- 9 A metal (3) 12 Sunshades or sunblinds (7)
- 14 Sound of amazement (3)
- 16 African warriors of Bantu tribe (5)
- 17 Church council (5)
- 19 Howl with grief (7)
- 20 Breathes deeply (5)
- 21 Great vitality (5)
- 23 Guaranteed (7) 24 Deer horn (6)
- 25 Eur. Space Agcy. (3)
- 27 Caution light (5)
- 28 Put in office (5)
- 30 Happen (5) 32 See something (4) 33 At this time (3)



Solution to September 13

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7 2 1 4 3 6 8 5 9

